



Diocese of Shreveport Child Nutrition Program Jesus the Good Shepherd School Menu August 2017

Welcome Back to School!



OFFERED DAILY

Milk

1% Unflavored
Skim Flavored

Additional Entrées

Fresh Chef Salads
(Varies Daily)

- Breaded Chicken
- Boiled Egg
- Diced Ham
- Sliced Turkey

OFFERED WEEKLY

Fresh Fruit

(Varies Weekly)

- Apple
- Banana
- Orange
- Seasonal Options

**ALL BREADS, BREADINGS,
PASTA, AND RICE ARE
WHOLE GRAIN RICH.**

Students May Choose:

- Meats (0-1)
- Fruits (0-1)
- Vegetables (0-1)
- Breads/Grains (0-2)
- Milk (0-1)

(Select a minimum of three items: one item must be a fruit or a vegetable.)

**Extra Sales Healthy
Snack options offered
daily may include:**

- 100% Fruit Juices
- Chips/popcorn
- Ice Creams

2017-2018 Meal Prices

Reduced	\$0.40
Paid	\$3.50
Adult/Visitor	\$5.50
Milk	\$0.65
Breakfast	\$2.65

Please sign up to monitor and maintain your child's meal account at

www.myschoolbucks.com

Please contact the Diocese of Shreveport Office of Child Nutrition for more information at (318) 219-7297.

Monday	Tuesday	Wednesday	Thursday	Friday
14	15	16	17	18
<ul style="list-style-type: none"> • Oven Style Chicken Tenders • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Whipped Potatoes & Gravy Seasoned Green Beans Hawaiian Pineapple Tidbits Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> • Pizza Hut Pizza • Golden Baked Chicken Nuggets • Chef Salad <p>Sweet Corn Tater Tots Fresh Fruit Salad w/ Melon Royal Brownie Milk</p>	<ul style="list-style-type: none"> • Char-Broiled Hamburger • Mini Corn Dogs • Chef Salad <p>Oven Crisp French Fries Fresh Baby Carrots Stack of Trimmings Sweet Chilled Peaches Brown Rice Pilaf & Gravy Milk</p>	<ul style="list-style-type: none"> • Spaghetti Meat Sauce w/ Spaghetti Noodles • Golden Baked Chicken Nuggets • Chef Salad <p>English Sweet Peas Crisp Spring Salad Classic Applesauce Baked Fresh Garlic Breadsticks Milk</p>	<ul style="list-style-type: none"> • Hot Dog w/Chili & Cheese • Mini Corn Dogs • Chef Salad <p>Best Baked Beans Fresh Cucumber Sticks Pears w/Strawberry Jell-O Home Style Mac & Cheese Milk</p>
21	22	23	24	25
<ul style="list-style-type: none"> • Fiesta Tacos • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Refried Beans Sweet Corn Salsa Taco Salad Cup Sweet Sliced Peaches Spanish Rice Milk</p>	<ul style="list-style-type: none"> • Pizza Hut Pizza • Mini Corn Dogs • Chef Salad <p>Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Oatmeal Cookie Milk</p>	<ul style="list-style-type: none"> • Midway Corndog • Golden Baked Chicken Nuggets • Chef Salad <p>Fresh Broccoli Florets Tater Tots Classic Applesauce Brown Rice Pilaf & Gravy Milk</p>	<ul style="list-style-type: none"> • Oven Roasted Chicken • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Whipped Potatoes & Gravy English Peas Fruit Cocktail Salad Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> • Super Nachos w/Cheese & Chili • Mini Corn Dogs • Chef Salad <p>Oven Crisp French Fries Fresh Veggie Cup Salsa Pears w/Strawberry Jell-O Home Style Mac & Cheese Milk</p>
28	29	30	31	Sept 1
<ul style="list-style-type: none"> • Spaghetti Meat Sauce w/ Spaghetti Noodles • Golden Baked Chicken Nuggets • Chef Salad <p>English Sweet Peas Crisp Spring Salad Classic Applesauce Baked Fresh Garlic Breadsticks Milk</p>	<ul style="list-style-type: none"> • Pizza Hut Pizza • Golden Baked Chicken Nuggets • Chef Salad <p>Sweet Corn Tater Tots Fresh Fruit Salad w/ Melon Royal Brownie Milk</p>	<ul style="list-style-type: none"> • Char-Broiled Hamburger • Mini Corn Dogs • Chef Salad <p>Oven Crisp French Fries Fresh Baby Carrots Stack of Trimmings Sweet Chilled Peaches Brown Rice Pilaf & Gravy Milk</p>	<ul style="list-style-type: none"> • Oven Style Chicken Tenders • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Whipped Potatoes & Gravy Seasoned Green Beans Hawaiian Pineapple Tidbits Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> • Hot Dog w/Chili & Cheese • Mini Corn Dogs • Chef Salad <p>Best Baked Beans Fresh Cucumber Sticks Pears w/Strawberry Jell-O Home Style Mac & Cheese Milk</p>

Menus are subject to change based on availability of products.