



## Diocese of Shreveport Child Nutrition Program Jesus the Good Shepherd School Menu December 2017

<b>OFFERED DAILY</b>	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Milk</b> 1% Unflavored Skim Flavored  <b>Additional Entrées</b> Fresh Chef Salads <i>(Varies Daily)</i> <ul style="list-style-type: none"> <li>• Breaded Chicken</li> <li>• Boiled Egg</li> <li>• Diced Ham</li> <li>• Sliced Turkey</li> </ul>	4	5	6	7	8
<b>OFFERED WEEKLY</b>					
<b>Fresh Fruit</b> <i>(Varies Weekly)</i> Apple Banana Orange Seasonal Options  <b>ALL BREADS, BREADINGS, PASTA, AND RICE ARE WHOLE GRAIN RICH.</b>  <b>Students May Choose:</b> Meats (0-1) Fruits (0-1) Vegetables (0-1) Breads/Grains (0-2) Milk (0-1)  <i>(Select a minimum of three items: one item must be a fruit or a vegetable.)</i>	11	12	13	14	15
<b>2017-2018 Meal Prices</b>					
<b>Reduced</b> \$0.40 <b>Paid</b> \$3.50 <b>Adult/Visitor</b> \$5.50 <b>Milk</b> \$0.65 <b>Breakfast</b> \$2.75	18	19			
Please sign up to monitor and maintain your child's meal account at  <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>  Please contact the Diocese of Shreveport Office of Child Nutrition for more information at (318) 219-7297.					

*Menus are subject to change based on availability of products.*

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