




Diocese of Shreveport Child Nutrition Program Jesus the Good Shepherd School Menu February 2018

	Monday	Tuesday	Wednesday	Thursday	Friday										
<p>OFFERED DAILY</p> <p>Milk 1% Unflavored Skim Flavored</p> <p>Additional Entrées Fresh Chef Salads (Varies Daily)</p> <ul style="list-style-type: none"> • Breaded Chicken • Boiled Egg • Diced Ham • Sliced Turkey <p>OFFERED WEEKLY Fresh Fruit (Varies Weekly)</p> <p>Apple Banana Orange Seasonal Options</p> <p>ALL BREADS, BREADINGS, PASTA, AND RICE ARE WHOLE GRAIN RICH.</p> <p>Students May Choose: Meats (0-1) Fruits (0-1) Vegetables (0-1) Breads/Grains (0-2) Milk (0-1)</p> <p><i>(Select a minimum of three items: one item must be a fruit or a vegetable.)</i></p> <p>Extra Sales Healthy Snack options offered daily may include: 100% Fruit Juices Chips/popcorn Ice Creams</p> <p>2017-2018 Meal Prices</p> <table style="width: 100%; border: none;"> <tr><td>Reduced</td><td>\$0.40</td></tr> <tr><td>Paid</td><td>\$3.50</td></tr> <tr><td>Adult/Visitor</td><td>\$5.50</td></tr> <tr><td>Milk</td><td>\$0.65</td></tr> <tr><td>Breakfast</td><td>\$2.75</td></tr> </table> <p>Please sign up to monitor and maintain your child's meal account at www.myschoolbucks.com</p> <p>Please contact the Diocese of Shreveport Office of Child Nutrition for more information at (318) 219-7297.</p>	Reduced	\$0.40	Paid	\$3.50	Adult/Visitor	\$5.50	Milk	\$0.65	Breakfast	\$2.75				1	2
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				<ul style="list-style-type: none"> • Oven Roasted Chicken • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Whipped Potatoes & Gravy Seasoned Green Beans Hawaiian Pineapple Tidbits Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> • Hot Dog w/Chili & Cheese • Mini Corn Dogs • Chef Salad <p>Best Baked Beans Fresh Cucumber Sticks Pears w/Strawberry Jell-O Home Style Mac & Cheese Milk</p>										
	5	6	7	8	9										
	<ul style="list-style-type: none"> • Fiesta Tacos • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Refried Beans Sweet Corn Salsa Taco Salad Cup Sweet Sliced Peaches Spanish Rice Milk</p>	<ul style="list-style-type: none"> • Pizza Hut Pizza • Mini Corn Dogs • Chef Salad <p>Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Oatmeal Cookie Milk</p>	<ul style="list-style-type: none"> • Charbroiled Hamburger • Golden Baked Chicken Nuggets • Chef Salad <p>Fresh Broccoli Florets Tater Tots Stack of Trimmings Classic Applesauce Brown Rice Pilaf & Gravy Milk</p>	<ul style="list-style-type: none"> • BBQ Baked Chicken • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Whipped Potatoes & Gravy English Peas Fruit Cocktail Salad Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> • Super Nachos w/Cheese & Chili • Golden Baked Chicken Nuggets • Chef Salad <p>Oven Crisp French Fries Fresh Veggie Cup Salsa Pears w/Strawberry Jell-O Home Style Mac & Cheese Milk</p>										
	12	13	Ash Wednesday 14	15	16										
			<ul style="list-style-type: none"> • Grilled Cheese Sandwich • Super-Sized Mac & Cheese • Chef Salad w/ Egg <p>Best Baked Beans Fresh Cucumber Sticks Pears w/Strawberry Jell-O Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> • Old Fashion Meat Loaf • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Whipped Potatoes & Gravy English Peas Fruit Cocktail Salad Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> • Super Nachos w/Cheese • Super-Sized Mac & Cheese • Chef Salad w/ Egg <p>Oven Crisp French Fries Fresh Veggie Cup Salsa Pears w/Strawberry Jell-O Milk</p>										
	19	20	21	22	23										
	<ul style="list-style-type: none"> • Spaghetti Meat Sauce w/ Spaghetti Noodles • Golden Baked Chicken Nuggets • Chef Salad <p>English Sweet Peas Crisp Spring Salad Classic Applesauce Baked Fresh Garlic Breadsticks Milk</p>	<ul style="list-style-type: none"> • Pizza Hut Pizza • Golden Baked Chicken Nuggets • Chef Salad <p>Sweet Corn Tater Tots Fresh Fruit Salad w/ Melon Royal Brownie Milk</p>	<ul style="list-style-type: none"> • Char-Broiled Hamburger • Mini Corn Dogs • Chef Salad <p>Oven Crisp French Fries Fresh Baby Carrots Stack of Trimmings Sweet Chilled Peaches Brown Rice Pilaf & Gravy Milk</p>	<ul style="list-style-type: none"> • Oven Roasted Chicken • Golden Baked Chicken Nuggets • Chef Salad <p>Creamy Whipped Potatoes & Gravy Seasoned Green Beans Hawaiian Pineapple Tidbits Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> • Grilled Cheese Sandwich • Super-Sized Mac & Cheese • Chef Salad w/ Egg <p>Best Baked Beans Fresh Cucumber Sticks Pears w/Strawberry Jell-O Homemade Yeast Roll Milk</p>										
	26	27	28	Mar 1	Mar 2										
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Menus are subject to change based on availability of products.

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