




## Diocese of Shreveport Child Nutrition Program Jesus the Good Shepherd School Menu October 2017

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
<p><b>OFFERED DAILY</b></p> <p><b>Milk</b> 1% Unflavored Skim Flavored</p> <p><b>Additional Entrées</b> Fresh Chef Salads (Varies Daily)</p> <ul style="list-style-type: none"> <li>• Breaded Chicken</li> <li>• Boiled Egg</li> <li>• Diced Ham</li> <li>• Sliced Turkey</li> </ul>	<ul style="list-style-type: none"> <li>• Southwest Beef Burritos</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Creamy Refried Beans Sweet Corn Salsa Sweet Sliced Peaches Spanish Rice Milk</p>	<ul style="list-style-type: none"> <li>• Pizza Hut Pizza</li> <li>• Mini Corn Dogs</li> <li>• Chef Salad</li> </ul> <p>Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Oatmeal Cookie Milk</p>	<ul style="list-style-type: none"> <li>• Grilled Cheese</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Fresh Broccoli Florets Tater Tots Classic Applesauce Brown Rice Pilaf &amp; Gravy Milk</p>	<ul style="list-style-type: none"> <li>• BBQ Baked Chicken</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Creamy Whipped Potatoes &amp; Gravy English Peas Fruit Cocktail Salad Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> <li>• Super Nachos w/Cheese &amp; Chili</li> <li>• Mini Corn Dogs</li> <li>• Chef Salad</li> </ul> <p>Oven Crisp French Fries Fresh Veggie Cup Salsa Pears w/Strawberry Jell-O Home Style Mac &amp; Cheese Milk</p>
<p><b>OFFERED WEEKLY</b></p> <p><b>Fresh Fruit</b> (Varies Weekly)</p> <p>Apple Banana Orange Seasonal Options</p> <p><b>ALL BREADS, BREADINGS, PASTA, AND RICE ARE WHOLE GRAIN RICH.</b></p> <p><b>Students May Choose:</b></p> <p>Meats (0-1) Fruits (0-1) Vegetables (0-1) Breads/Grains (0-2) Milk (0-1)</p> <p><i>(Select a minimum of three items: one item must be a fruit or a vegetable.)</i></p> <p><b>Extra Sales Healthy Snack options offered daily may include:</b></p> <p>100% Fruit Juices Chips/popcorn Ice Creams</p>	9	10	11	12	13
<p><b>Teacher In-Service</b></p> 	<ul style="list-style-type: none"> <li>• Pizza Hut Pizza</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Sweet Corn Tater Tots Fresh Fruit Salad w/ Melon Royal Brownie Milk</p>	<ul style="list-style-type: none"> <li>• Char-Broiled Hamburger</li> <li>• Mini Corn Dogs</li> <li>• Chef Salad</li> </ul> <p>Oven Crisp French Fries Fresh Baby Carrots Stack of Trimmings Sweet Chilled Peaches Brown Rice Pilaf &amp; Gravy Milk</p>	<ul style="list-style-type: none"> <li>• Oven Style Chicken Tenders</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Creamy Whipped Potatoes &amp; Gravy Seasoned Green Beans Hawaiian Pineapple Tidbits Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> <li>• Hot Dog w/Chili &amp; Cheese</li> <li>• Mini Corn Dogs</li> <li>• Chef Salad</li> </ul> <p>Best Baked Beans Fresh Cucumber Sticks Pears w/Strawberry Jell-O Home Style Mac &amp; Cheese Milk</p>	
<p><b>2017-2018 Meal Prices</b></p> <p><b>Reduced \$0.40</b> <b>Paid \$3.50</b> <b>Adult/Visitor \$5.50</b> <b>Milk \$0.65</b> <b>Breakfast \$2.75</b></p> <p>Please sign up to monitor and maintain your child's meal account at</p> <p><a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a></p> <p>Please contact the Diocese of Shreveport Office of Child Nutrition for more information at (318) 219-7297.</p>	16	17	18	19	20
	<ul style="list-style-type: none"> <li>• Fiesta Tacos</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Creamy Refried Beans Sweet Corn Salsa Taco Salad Cup Sweet Sliced Peaches Spanish Rice Milk</p>	<ul style="list-style-type: none"> <li>• Pizza Hut Pizza</li> <li>• Mini Corn Dogs</li> <li>• Chef Salad</li> </ul> <p>Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Oatmeal Cookie Milk</p>	<ul style="list-style-type: none"> <li>• Midway Corndog</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Fresh Broccoli Florets Tater Tots Classic Applesauce Brown Rice Pilaf &amp; Gravy Milk</p>	<ul style="list-style-type: none"> <li>• Oven Roasted Chicken</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Creamy Whipped Potatoes &amp; Gravy English Peas Fruit Cocktail Salad Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> <li>• Super Nachos w/Cheese &amp; Chili</li> <li>• Mini Corn Dogs</li> <li>• Chef Salad</li> </ul> <p>Oven Crisp French Fries Fresh Veggie Cup Salsa Pears w/Strawberry Jell-O Home Style Mac &amp; Cheese Milk</p>
	23	24	25	26	27
	<ul style="list-style-type: none"> <li>• Pizza Hut Pizza</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Sweet Corn Tater Tots Fresh Fruit Salad w/ Melon Royal Brownie Milk</p>	<ul style="list-style-type: none"> <li>• Char-Broiled Hamburger</li> <li>• Mini Corn Dogs</li> <li>• Chef Salad</li> </ul> <p>Oven Crisp French Fries Fresh Baby Carrots Stack of Trimmings Sweet Chilled Peaches Brown Rice Pilaf &amp; Gravy Milk</p>	<ul style="list-style-type: none"> <li>• Oven Style Chicken Tenders</li> <li>• Golden Baked Chicken Nuggets</li> <li>• Chef Salad</li> </ul> <p>Creamy Whipped Potatoes &amp; Gravy Seasoned Green Beans Hawaiian Pineapple Tidbits Homemade Yeast Roll Milk</p>	<ul style="list-style-type: none"> <li>• Hot Dog w/Chili &amp; Cheese</li> <li>• Mini Corn Dogs</li> <li>• Chef Salad</li> </ul> <p>Best Baked Beans Fresh Cucumber Sticks Pears w/Strawberry Jell-O Home Style Mac &amp; Cheese Milk</p>	

*Menus are subject to change based on availability of products.*

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